

## ATICAS





## CONFERENCE 2016 Leadership - Body, Mind And Heart



26th and 27th October 2016

Under the aegis of CANARA HIGH SCHOOL-CBSE & Association of ICSE and CBSE schools of D.k and Udupi Districts

Association of ICSE and CBSE School (AICS) (D.K and Udupi) is a registered body having 59 schools under its wings with around 56,600 students and 2,700 teachers. The Spectacular feature of the AICS is the Annual Conference.

This time, Canara High School CBSE (Dongerkery) had the privilege of organizing the AICS Annual Conference with the theme "LEADERSHIP: BODY, MIND AND HEART" here in Mangalore.

26<sup>th</sup> October, 2016



The inauguration of the conference was held at the **Bhuvanendra Sabha Bhavan** on **26/10/2016**. Distinguished personalities like **Mr. S.S Kamath** - President of C.H.S Association, **Mr. Ranganath Bhat** - Hon. Secretary of C.H.S Association, **Mr. Kochikar Sudhakar Pai** - Correspondent of Canara High School CBSE, **Mr. Vaman Kamath** - Alternate Treasurer of Canara High School Association, **Prof. Mathew C. Ninan** - The Charter President, **Dr. T.J Quadros** - The Immediate Past President, **Mrs. Eliza Vas** - Secretary of AICS, **Fr. Anil D' Costa** - Treasurer of AICS, **Mr. Raghavendra Salian** - Sports Secretary came together for this event accompanied by **Mrs. Joy J Rai**, Principal of Canara CBSE and the President of AICS.

Almighty's blessings were invoked by a beautiful prayer from the students of Canara High School CBSE which was followed by welcome dance displaying various dance forms of our country.





Introduction to the conference was given by **Dr. T.J Quadros**. The secretary of C.H.S Association **Mr. Ranganath Bhat** spoke about the legacy of Canara High School and the trend it has set in the field of Education.

**Capt. Ganesh Karnik**, member of Karnataka Legislative Council and opposition chief whip's presence transformed the atmosphere and his keynote address on the theme "*Teacher – A true leader*" invigorated the participants. Capt. Karnik with his usual flair and ease conveyed his expectation of a teacher as a responsible leader in nation building.



The stage programme began with the release of the directory of AICS, preceded by welcoming of the participants by **Mrs. Joy J Rai**.





The sessions for the two days conference began with **Mr. Pushparaj Badiadka**, Principal, Chinmaya Vidyalaya, Kasargaod, whose talk was centered on the theme "Learning disability v/s intervention". The session was well structured by the speaker as he progressed from the point where the child is in its 6<sup>th</sup> month of development, the observations that need to be made at each of these stages and the disabilities associated with it. He concluded by giving remedies for the learning disabilities which can be addressed in the classrooms and in the school.



**Dr. Vanishree Joseph**, Associate Professor, K.S Hegde Institute of Management, Nitte steered the second session for the day with her talk on "Gender Sensitivity". The impact of tradition and socio-cultural condition leading to gender differences and standardized conventional idea of men and women were discussed. The prevailing conditions with respect to the attitude towards male and female candidates in different setups were highlighted. The talk ended with an open question of gender biases and privileges on the education of boys and girls.

The third and the final session of the day was by **Dr. Sandeep Shastri**, Pro-Vice Chancellor of Jain University. *"Leadership: Roles, Rhetoric and Reality"* was the epicenter of his talk. Lots of anecdotes and episodes from his experience captivated the participants to his unusual style. According to Dr. Shastri, leadership is leading with compassion and to be grounded in reality. Meanwhile he made an appeal to the school leaders to come out of the shadow of credit and allow others to shine. He urged the participants to challenge the conventional by thinking out of the box to make a difference. "Dream your dreams, live your dreams and achieve your dreams" and the session came to an end.



The first day of the conference ended on the above said quote and participants dispersed after the National Anthem.

## 2016, 2016 October

The second and the final day of the conference started with the summing up of day one's programme by Mrs. Abhilasha. S, Principal, S.M.S English Medium School, Brahmavar. The prayer "Where the mind is without fear" by Tagore was sung by the students of Canara High School, CBSE.



"Changing role of School leadership: Distributive leadership" was the topic of the session 4 delivered by Prof. H. Madhava Bhat, former Principal of Vivekananda College Puttur. "Even to remain where you are you should be running your fastest" – Lewis Carroll, and with this Dr. Bhat opened the portal to the dimension which showed the participants the traits of leader and the types of leadership. Mr. Bhat with his eloquence, toggled between problem solving-it's ways and success and failure, meantime elaborating on distributive leadership. He finished his talk by laying emphasis on Total Quality Movement (TQM) approach.



Retired IAS Officer Mr. P.C Nayak's very presence was an embodiment of the theme of the conference and was the speaker of the fifth session. He took the participants on a time travel to the days when he was a student and shared his experiences. He stressed on being a good follower which in a long run will result in greatness. Mr. Nayak advised the participants to study backwards from their present juncture in life to decipher their pattern of learning and progress. Overall development of every child in a school was advocated by him. With his profound wisdom and goodwill he pronounced that we should love children as our own and show them that we are concerned about them, thus ending his talk.



**Dr. Shailaja Shastri**, is the Professor and Head of the Department of Psychology in Jain University. She spoke on the topic "From Here to Where? The future of learning" for the sixth session. An animated video footage showing the enthusiasm of a child being curbed by the disciplining of teacher behind the high walls of a school marked the opening of the talk, subsequently followed by the impact of technological revolution that has swept the world off its feet

in terms of how we communicate and respond. Significance of the book by Howard Gardner named "Five minds of the future" was shared. Dr. Shailaja said that the need of the hour is to redefine the role of a teacher and embed technology in the learning process. The session was wrapped up with the quote of Albert Einstein – "We cannot solve our problems with the same thinking we used when we created them."







Post lunch session was a panel discussion on the topic "Handling emotional stress in students". The panelists were Dr. Shalini Aiyappa (Moderator), Head of the Department of Psychology, St. Aloysius College, Mr. Y.S. Adappa, Ex-banker and Trainer in Public Speaking, Mr. Abdul Jaleel Perla (Principal, Aliya Senior Secondary School, Kasargod). Mrs. Shalini Aiyappa gave an overview of stress and its symptoms. The discussion was then taken over by Mr. Y.S. Adappa, who spoke on the teacher and parental role in helping children to handle stress. The session was continued by Mr. Abdul Jaleel Perla, who spoke on Techno-Stress.





## **Valedictory:**

The Two days AICS conference on Leadership-Body, Mind and Heart reached its penultimate stage with the valedictory session, in which **Dr. M. Vijaya Kumar**, Vice Chancellor of Yenepoya University shared his experience on how change in oneself will smoothen the educational system. He also added on to the fact that today we lack not leadership but followership. He finally concluded with the words "Teachers are the integral part of any child".

The dignitaries Mr. P.C Nayak - Guest of Honour, Prof. Mathew C. Ninan - The Charter President, AICS, Mr. Raghavendra Salian - Sports Secretary, Dr. T.J. Quadros - The immediate Past President, Mrs. Eliza Vas - Secretary of AICS, Fr. Anil D' Costa - Treasurer of AICS, were present on the dais.



The Charter President of AICS, **Prof. MathewC. Ninan** summed up two days conference with the highlights of the each session.

Fr. Anil D'Costa proposed the Vote of Thanks. The entire programme was compered by Mrs. Vimarsha Jain.



